

OUR SERVICES

OUR SERVICES INCLUDE

Rooms for hire – groups, meetings and events.

Free Book Exchange – Little Free Library.

Scanning of documents, printing

and laminating at a small cost.

Free WiFi when using the YCH.

Free Community Group advertising

on the Program.

ROOM HIRE

Please consider our room next time you require a

venue for a meeting or small function. We are also

able to arrange video conferencing for your group.

The room is available for full or half day rates.

Contact: 5797 3070 / info@yeahouse.org.au

We enjoy helping our community!

@ Yea Community House

Building Community ~ Sparking Creativity ~ Inspiring Readers

Come on down and swap a book!

YOU CAN'T STEAL A FREE BOOK! Some people think they can,

so they stop by, load up with good books and try to re-sell them.

If you know, or see someone in the self-serving 'book biz' please

talk to them. Tell them many people are watching this library

because WE LOVE IT!



TerraCycle®

Available now. **NB price increase (incl GST)**
Yea Community House cares about the world, the environment, you and your bumi!
Box 48 Toilet Paper \$50/Members \$55/non-Members
Box 12 Tissues \$22/Members \$24/non-Members
Box 6 Paper Towels \$17/Members \$19/non-Members

Who Gives a Crap – YCH Bulk Purchase

If you find yourself in crisis and are in need of material or financial assistance, please call the Yea Community House (5797 3070) to make an appointment. All confidential appointments are held on Wednesdays 10am-12pm. During school terms, Emergency Relief appointments can be made by calling the Yea Community House on 03 5797 3070. Please note **during school holidays** in order to receive Emergency Relief you will need to make an appointment with Alexandra by phoning 0429 513 002 (Seymour Office).

Emergency Relief

A social enterprise Eliminating the Idea of Waste®, in 21 countries, they tackle the issue from many angles. Nearly everything we touch can be recycled and Yea Community House is offering to collect typically non-recyclable items. TerraCycle reuses, upcycles and recycles waste instead of incinerating or landfilling it. This moves waste from a linear system to a circular one, allowing it to keep cycling in our economy. A program that takes hard-to-recycle materials from our programs, such as ocean plastic, and turn them into new products. Millions of kilograms of valuable resources have been diverted from landfills all over the world. We will accept:
• Coffee pods (clean/dry)
• Pens, pencils, markers
• Oral care products (toothbrushes/toothpaste)
• Eye wear · Razors
TerraCycle's Zero Waste Box™ platform allows us to recycle almost any type of waste, from your coffee capsules to household waste. We are now a collection hub, and we send it to TerraCycle to be repurposed.

Food Buying Group

BEAM Mitchell Environment Group has partnered with the

food exchange to provide a bulk food scheme to the residents

of the Mitchell and surrounding shires. The Beam Bulk Food

scheme aims to obtain local, organic, bio-dynamic and ethically

produced foods at an affordable cost. This scheme is open to

anyone in our local community. Four times a year a group of

people in Yea order foods through a buying group - this means

getting food at close to wholesale prices, without the packaging

and the food is sourced to be as local as possible (and often

organic/ chemical-free too). Reducing food miles and sourcing

good quality, affordable food! You don't have to buy large

quantities and we ask that you help sort the food when it comes

in, or help collect it from Seymour. <https://www.exchangefood.org/bulkfoods> Contact: Ron 0419 559 368

Little Food Pantry

The Little Food Pantry is a small food outlet for people with a genuine need or those who are on a limited income. It makes good food affordable and accessible. The food in our pantry is provided by the CASI-3 Murrindindi Shire Council Grant and Community donations. Now also funded by St Lukes Op Shop. If you're on a low income, are unemployed, or struggling to get by, the **Little Food Pantry** will help stretch your budget. We have a variety of quality groceries and household products. **The Food Pantry is located in the Library Foyer during opening hours.**

Community Food Table

The table is a free, by donation or swap produce stand, in the foyer of the Yea Council library most days of the week. It is supported by volunteers. People can pay as little or as much as they can afford, are encouraged to bring excess from their own gardens to donate, and to plant a little extra to share. Bring produce to Yea Community House or call the House if you need help picking/ bringing donations in. The project also works with local schools, supporting them to grow a little extra to contribute to the table. **Please bring in ANY garden excess no matter how small!**

ENROLMENT INFORMATION

BOOKING OPTIONS

Bookings must be made via the Community House office, either by phone or email. Bookings will not be accepted via Facebook or contacting the Coordinators through their private contacts. Full payment is encouraged at time of booking.

PAYMENT OPTIONS

- Bank Direct transfer BSB 633000 / 151322187 (use surname & course as reference)
- Cash
- Cheque/Money Order (to Yea Community House)

Payments made by participants will be receipted.

Booking and payment MUST be received one week prior to the advertised class/activity date.

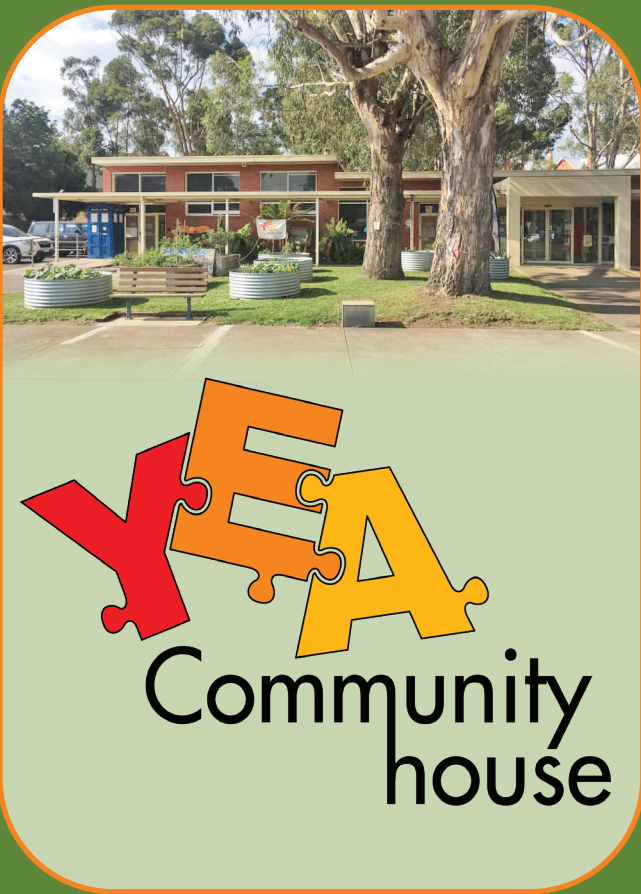
No reminder calls will be made.

If bookings/enrolments and payment are not made one week prior to the advertised date, and minimum numbers have not been obtained, the class will be cancelled on the cut-off date.

REFUNDS

Refunds will be provided in the event that:

- YCH cancels the course due to insufficient numbers.
- You notify us 1 week prior to the commencement of the course.



Contact Us

P: 03 5797 3070 **E:** info@yeahouse.org.au

A: 15 The Semi Circle Yea Victoria 3717

W: www.yeahouse.org.au

Office Hours

Monday and Thursday 8.30-2.30pm

Tuesday and Wednesday 8.30-3pm

Closed School Holidays



Edition 43

Small Town Big House Warm Heart

TERM 1 PROGRAM

27 January 2023 – 6 April 2023

HEALTH AND WELLBEING

Walking Group

Yea Community House is looking for a dedicated volunteer to facilitate a weekly/monthly walking group. If you are interested contact us info@yeahouse.org.au / 03 5797 3070

KELRIG

Community based support group for MEN with Rod

‘Kindness, Empathy, Learning, Respect, Inclusion, Growth’
A safe environment for MEN to discuss various matters, get things off your chest, feel happier, make friends and get advice from others.

When: Tuesdays starting 7 February 2023

Time: 7pm-9pm during school terms. **Contact:** Rod 0418 557 926

KELRIG

Community based support group for TEENAGERS with Rod

‘Kindness, Empathy, Learning, Respect, Inclusion, Growth’
A safe, inclusive environment for TEENAGERS to relax, chat, discuss various issues, feel happier and seek support from your peers.

When: Tuesdays starting 7 February 2023

Time: 3.30pm-4.30pm **Contact:** Rod 0418 557 926

Power Pals – Live Longer Live Stronger

Join Power Pals strength-based training to find out how to improve your everyday movement and mobility.

When: 4 classes per week, Tue & Thur **Time:** 8am and 9am

Cost: \$3/session **Venue:** Pioneer Reserve

Contact: Sandra 0407 875 097

Line Dancing

3 CLASSES AVAILABLE – Strictly for fun!

BEGINNERS LINE DANCING with Patricia

When: Wednesdays **Time:** 10am-11am **Cost:** \$3pp/class

Where: Pioneer Reserve Hall **Contact:** Patricia 0432 016 103

INTERMEDIATE LINE DANCING with Patricia

When: Mondays **Time:** 10am-11am **Cost:** \$3pp/class

Where: Pioneer Reserve Hall **Contact:** Patricia 0432 016 103

ADVANCED ALL COUNTRY LINE DANCING

with Joan and Robyn

A group of **advanced** line dancers who meet to celebrate their love of dance.

When: Tuesday **Time:** 10am-11.30am **Cost:** \$3pp/class

Where: Scots Church Hall

Contact: Joan 0402 179 577 or Robyn 0413 562 096

Meditation, Healing and Discussion Group

A combination of chat, meditation and alternative healing. Everyone welcome.

When: Thursdays **Time:** 10.30am-12pm **Cost:** \$2pp/session

Contact: Jacqui 0418 978 483 **Where:** Yea Community House

Table Tennis

Re-starting in Term 1! Pick up a bat and start to get fit and have fun with Table Tennis! Gentle fitness for everyone. Other benefits include: it's a great brain workout, develop coordination skills and socialize at the same time.

When: Wednesdays **Time:** 7pm **Cost:** \$3/session

Where: Pioneer Reserve Hall

Contact: Terry 0427 312 561 (no texts)

ART / CRAFT

Glenburn Craft Club

A group of craft devotees practicing all forms of craft.

When: Tuesdays **Time:** 10am -12pm **Cost:** \$2/session

Venue: Old School Hall, Melba Hwy, Glenburn

Contact: Maureen 5797 8495

UFO's – UnFinished Objects

Do you want a time to make yourself sit down and finish those craft items you have started over the years? Want to get those unfinished objects done? Enjoy some company and relax whilst you work on your PHD (Projects Half Done). Why not join the UFOs on Wednesdays at the Pioneer Reserve from 12pm-3pm. Bring your colouring, knitting, painting and more!

When: Wednesdays **Time:** 12pm-3pm **Cost:** \$3

Contact: Carol 0413 185 485 **Venue:** Pioneer Reserve Yea

Yea Spin & Yarn!

For new and experienced spinners....

Would you like to learn to spin your own yarns?

Are you a spinner ready to join a friendly social group sharing your interest? Starting 11 January 2023 – ALL WELCOME

When: Wednesdays **Time:** 9.30am-12pm **Cost:** \$3pp

Where: Yea Community House Lounge

Contact: Rosalie 0448 056 777 or Esther 0431 380 754

SPECIAL INTEREST

Family Movie Night

When: Saturday 25 March 2023 **Time:** 6.30pm

Stay tuned for a series of movies coming up at Yea Community House! Fun for the whole family.

Dungeons and Dragons Club

with Kerry (for 10-13yo)

Have you ever wanted to try Dungeons and Dragons? Our adventures are unique and theme around small groups and beginner levels of play. Each week we will have an activity connected to Dungeons and Dragons that starts straight after an afternoon tea that is provided. There will be challenges and competitions throughout the term and a planned School Holiday Event.

When: Fridays & Mondays **Time:** 3.30pm-5.30pm

Cost: \$4pp **Where:** YCH & Pioneer Hall

More information: kbtutorandlearning@gmail.com

Mahjong (beginners welcome)

Are you looking for something fun and interesting to do? Have you got free time on Wednesdays 2pm-4pm? Come along and learn to play Mahjong for fun. No scoring. Just a group who meet once a week to help keep the brain active and enjoy company.

When: Wednesdays **Time:** 2pm-4pm **Cost:** \$2pp **Where:** YCH

Contact: Vivien 0429 032 924 or Julie 0409 168 469

Yea Cruise Night

Get your classic out for the Yea Cruise Night

Bring your pride and joy. Cruise and park in the main street.

Enjoy a relaxing evening with like-minded people. Catch up with friends and make some new ones!

When: 2nd Saturday of the month during daylight savings period (October to March) 14 January 2023, 11 February 2023, 11 March 2023 **Time:** 6pm **Where:** High Street Yea

Community Sufficiency Program

Workshop 1. Who's who in our community

A basic primer for what services are on offer in and around our community, who to contact in an emergency, what general supports are available, etc. This session will also serve as an important intro session for people who are new to the area.

When: 18 February **Time:** 10am-12pm

Workshop 2. Plan ahead to get out safely

This workshop will walk participants through the steps to plan a safe evacuation in an emergency. It will cover how to make an emergency evacuation plan for your home and family, where to find reliable news sources, what to take with you and where to go if you have to leave your home, and what supports are available to those who have been impacted by an emergency.

When: 18 March **Time:** 10am-12pm

Workshop 3. Keeping safe if you're isolated

This workshop will walk participants through the kinds of things they need to consider if their home is isolated, or services such as water, gas and electricity are unavailable, for an extended period of time. It will cover how to ensure you have a supply of safe drinking water, how to make sure your gas and electricity are safely disconnected and what to do before turning them back on, how to feed yourself safely with limited cooking options. Many of the subsequent workshops will develop the skills and build the equipment discussed in this workshop.

When: 15 April **Time:** 10am-12pm

Going off the GRID!

This workshop is designed to cover a bit of everything. We'll touch on all the basics you'll need to get your head around if you're considering going off grid, either in an urban/suburban context or on a rural property. Power options, how to calculate your battery storage, how to ensure you have a reliable and safe water supply, how to adjust your lifestyle to suit your off grid setup, and much more. Whether you're just in the process of thinking about going off grid, or you're on your way and want to make sure you have everything covered, this is a workshop for you.

When: 25 March **Time:** 10am-3pm (lunch break included)

Contact: Brett info@langibillin.com.au

Other Groups at the PIONEER RESERVE

YEA PLAYGROUP (0-5yo)

Tuesdays 10-11.30am

Contact: Louise 0419 159 734

*during school terms

MARTIAL ARTS

Mondays 6pm-7pm

Contact: Gary gojujack@

bigpond.net.au 0407 855 344

*during school terms

1st YEA SCOUTS

Wednesdays 7pm-9.30pm

Contact: Andrew 0428 972 748

*during school terms

Dindi Dancefit Mums + Bubs

Latin Based DanceFit

Thursday mornings

9.30am-11.30am

Contact: Katanya 0448 383 757

SPECIAL INTEREST

Friends of Yea Cemetery

Our aim and vision is for the cemetery precinct to be beautified through improving gardens and access areas. We would like to see the cemetery become a place of attractive recreational use for walking, contemplation for community and a place of information for families and visitors looking to discover aspects of our local pioneer history. **New members are most welcome.**

Contact: Judy 0409 701 916

Yea Bee Club

We are a small enthusiastic group of people who enjoy getting together to discuss the world of bees. Everyone is welcome, come along if you have an interest in keeping bees and would like more information.

When: Meeting on the second Sunday of every second month.

Where: Yea Community House

Contact: Mary Priestley 0408 270 854



Yea Community Garden

Welcome anyone who wants to be part of growing food and learning more about how to do so. Produce from the garden goes to volunteers, other food programs and projects in Yea, including the Yea Community Meal, The Community Food Table, Emergency Relief, etc. Come on down and check out the garden beds in front of the Council Building and Yea Community House...

The Green House

Got a problem with your potatoes?

An issue with your ivy?

Drop in and have a chat with Cass. Cass is a qualified horticulturist and landscape designer, and will be on site at the House for an hour every Monday for an informal garden problem solving session. No need to book – just come in.

When: Mondays **Time:** 11am-12pm

Plant Swap

Please feel free to take home a plant from the table. The idea is to share plants with others in the community. So if you can bring back a plant for the table, someone else can take it home. Encourage other people to use our plant swap table too!

Seed Swap

We accept labelled seed donations from gardeners who have saved seeds or who have seeds to spare. Take the seeds you need in exchange for seeds or a donation. Grow your crops and save some seeds.

Garden Series

Workshop 1. Kokedama

Kokedama is a Japanese word meaning 'ball of moss'. Come along and learn how to make and care for these bonsai forms, which look gorgeous displayed on a stand or plate, or suspended with string. You'll make and take home a Kokedama and a traditional wooden display stand. bush. Limit 8 participants.

When: 18 February **Time:** 2pm-3.30pm

Workshop 2. Terrariums

Indoor plants are back in fashion, and terrariums are a great way to create a feature from smaller plants. Learn how to correctly construct and care for a terrarium, and take a mini terrarium home with you. Bring along any little ornaments you would like to include in your terrarium! Limit 8 participants.

When: 18 March **Time:** 2pm-3.30pm

Workshop 3. Flower Press

This is a repeat of our 2022 workshop, which was very popular. You'll learn about the different ways to press flowers, and then make a press of your own to take home. Limit 8 participants.

When: 15 April **Time:** 2pm-4pm

Yea Railway Market

Brought to you by the Yea Community House.

When: First Saturday of the month

Time: 9am-1pm

Where: Yea Railway Station -

Onsite parking, play ground, & toilets.

Cost: Gold coin donation to support local community groups
The Yea Railway Market offers an array of stalls, the best in fresh local produce, arts and crafts, children's activities, play ground and skate park. Dogs permitted on a leash. Funds from entry are donated to local charities each month.

Vendor fees: Free for all charities.

For seller prices contact: yearailwaymarket@gmail.com

